

ISA Learning Objectives

Your ISA program will take you on a journey of learning, discovery, and personal development. The goals you create for yourself beforehand will define your time abroad.

Think about what you want to get out of your ISA program. Write down these [goals](#). Revisit them throughout your program to ensure that you are making progress and are on track to succeed. And, once you return home, reflect on how your goals shifted, evolved, or were accomplished throughout your program.

ISA is committed to supporting you on this [journey of growth and progress](#). Our programs are designed to cultivate opportunities for learning, discovery, and personal development.

Throughout your ISA program, you will:

- expand your **global knowledge**, gaining [historical](#), [sociopolitical](#) and [environmental](#) insights into your host destination.
- experience increased **self-awareness & personal growth** as old habits are challenged and new abilities are revealed throughout your time abroad.
- gain **self-confidence & emotional resiliency** by learning to [adapt to new experiences](#) and to cope with the [unexpected](#).
- engage in **cross-cultural exchanges** throughout your host community, increasing your **intercultural competence** and becoming more [tolerant of ambiguity](#).
- explore the ways in which your international experience enhances your [professional profile](#) as you gain **concrete competencies** and cultivate **crucial soft-skills**.
- take ownership of your **academic progress** as you gain knowledge in courses, immerse yourself in the study of another [language or culture](#), and discover a [different educational system](#).

Your ISA program is an investment in yourself. Consider your motivations for taking this big step – and then [make this experience count](#).