

isa Health Sciences Advising Guide

Detailed information about ISA programs at these host institutions is available on ISA's website by following the links below. If you would like to receive specific course syllabi, or have further questions about any of these recommendations, please feel free to contact ISA's Academic Affairs Department at academicaffairs@studiesabroad.com.

Courses are in English unless otherwise noted.

AFRICA

University of Cape Town (Cape Town, South Africa)

The [University of Cape Town](#) (UCT) is the oldest university in South Africa and one of the continent's leading teaching and research institutions. The Faculty of Health Sciences at UCT offers a variety of educational options within the context of healthcare and research: from clinical and public health, to health and rehabilitation sciences. The Faculty was recently ranked among the top 50 health sciences faculties worldwide (Times Higher Education).

Health Science Fields:

- [Health Sciences](#)
- [Human Biology](#)
- [Molecular Biology](#)
- [Physiology](#)

Other Regional Options:

- [University of the Western Cape](#) – Cape Town, South Africa
- [Nelson Mandela University](#) – Port Elizabeth, South Africa

ASIA

Korea University (Seoul, South Korea)

Founded in 1963, the College of Health Sciences at [Korea University](#) has the longest history and tradition in health-related academic fields in South Korea. The undergraduate program includes departments of food and nutrition and environmental health.

Health Science Fields:

- [Biochemistry](#)
- [Biomedical Sciences](#)
- [Health Science](#)
- [Human Biology](#)
- [Nutrition and Food Science](#)
- [Pre-Physical Therapy](#)

Other Regional Options:

- [Hanyang University](#) – Seoul, South Korea (summer program only)
- [Mahidol University](#) – Bangkok, Thailand

EUROPE

King's College London (London, England)

ISA students can choose courses in the Global Health track at [King's College London](#). As part of the Arts & Sciences curriculum, students can take courses offered by the Faculty of Life Sciences & Medicine or the School of Nursing & Midwifery (excluding clinical placements). Students participating in the Global Health track are required to take the [Global Health](#) and [Social Medicine](#) courses.

Health Science Fields:

- [Biochemistry](#)
- [Global Health](#)
- [Health Administration](#)
- [Health Science](#)
- [Human Biology](#)
- [Public Health](#)

Kingston University (London, England)

The program in Health, Exercise, and Sports Science at [Kingston University](#) was ranked first in London – and 13th out of 60 institutions – in the 2015 Guardian's University Guide. The Biomedical program is accredited by the Institute of Biomedical Science, the professional body for biomedical scientists in the UK.

Health Science Fields:

- [Biomedical Sciences](#)
- [Exercise Biology](#)
- [Human Biology](#)
- [Kinesiology](#)
- [Molecular Biology](#)
- [Nutrition and Food Science](#)
- [Physiology](#)
- [Sport and Leisure Sciences](#)

University College Dublin (Dublin, Ireland)

Students studying at [University College Dublin](#) can opt to take courses from the School of Nursing, Midwifery and Health Systems. With courses that offer an interdisciplinary focus on clinical expertise along with fostering both leadership skills and teamwork, UCD is a good choice for students looking to study Health Science at a research-intensive university.

Health Science Fields:

- [Health Science](#)
- [Human Biology](#)
- [Nursing](#)
- [Nutrition and Food Science](#)
- [Pre-Nursing](#)

University of Limerick (Limerick, Ireland)

With an array of Health Science courses, the [University of Limerick](#) is particularly noted for its selection of nursing courses. The university offers courses that focus on general nursing as well as mental health nursing. Health Sciences courses are offered in a state-of-the-art Health Sciences building and are taught by a faculty with a range of disciplinary backgrounds.

Health Science Fields:

- [Health Science](#)
- [Nursing](#)
- [Nutrition and Food Science](#)
- [Physiology](#)

University of Glasgow (Glasgow, Scotland)

The [Anatomy & Global Health](#) summer program offered by the [University of Glasgow](#) offers students the opportunity to take a Health Science course during an intensive summer session. Students enrolled in the Summer 2 program will take a [Functional Anatomy](#) course that includes hand-on experience. Students enrolled in the Summer 3 program will enroll in the [Bioscience for Global Health](#) course that includes a practical lab component. The University of Glasgow is also a great program for students wishing to take Health Science courses during the semester.

Health Science Fields:

- [Anatomy](#)
- [Biology](#)
- [Global Health](#)
- [Neuroscience](#)

Universidad Católica de Valencia (Valencia, Spain)

The ISA Health and Natural Sciences program at the [Universidad Católica de Valencia](#) is designed for students of all language levels. Popular areas of study for ISA students at the UCV include: Biology, Sports Science, Spanish, Nursing, and Biotechnology.

The university offers an [internship](#) opportunity in Biotechnology.

Health Science Fields:

- [Biochemistry](#)
- [Biomedical Sciences](#)
- [Health Science](#)
- [Nursing](#)
- [Nutrition and Food Science](#)
- [Physiology](#)

Other Regional Options:

- [University of Roehampton](#) – London, England
 - [University of Reading](#) – Reading, England
 - [The American College of Greece](#) – Athens, Greece
 - [Florence University of the Arts and Apicius International School of Hospitality](#) – Florence, Italy
 - [Vrije Universiteit Amsterdam](#) – Amsterdam, The Netherlands
 - [Universidad de Salamanca](#) – Salamanca, Spain (Health & Medical Spanish fall program)
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LATIN AMERICA

Universidad Veritas (San José, Costa Rica)

The Health Care Courses in English and Medical Spanish trimester or summer program at [Universidad Veritas](#) is designed for students at all levels of Spanish language proficiency who want to increase their knowledge of the Spanish language with a particular focus on health sciences and medical terminology. These programs offer 80-hour intensive Beginning, Intermediate and Advanced Spanish for Health Professionals courses which combine classroom work with hands-on communication experience. Students can also choose from several medical elective courses during the program. Many of these elective courses include site visits to local health clinics and students have the opportunity to participate in practical and theoretical exercises. Courses are taught in both Spanish and English.

ISA [Service-Learning](#) opportunity is available.

Health Science Fields:

- [Global Health](#)
- [Health Sciences](#)
- [Spanish for Health Professionals](#)

Universidad Peruana Cayetano Heredia (Lima, Peru)

The [Health Sciences & Medical Spanish](#) summer program offered by the [Universidad Peruana Cayetano Heredia](#) is a great choice for students interested in learning more about Health Sciences in a Latin American context. This program is designed for students with an Intermediate level (or higher) of Spanish and combines field work with a medical Spanish course. There are two tracks from which to choose: Community Medicine or Global and Public Health.

Courses:

- [Community Medicine Service Learning](#)
- [Global & Public Health](#)
- [Medical Spanish](#)

ISA [Service-Learning](#) opportunity available

Other Regional Options:

- [Universidad de Belgrano](#) – Buenos Aires, Argentina (summer program)
 - [Universidad del Norte](#) – Barranquilla, Colombia (courses in Spanish)
 - [Universidad de Salamanca Cursos Internacionales en Cusco](#) – Cusco, Peru
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PACIFIC

University of Canberra (Canberra, Australia)

The Australian Sporting Industry program offered by the [University of Canberra](#) is a unique 3-week summer program that allows students to explore aspects of Australia's sporting industry from both a professional and recreational perspective. Students learn about coaching advice, increase their marketing skills, and gain insight on nutrition, sports research, psychology, and human movement and fitness.

Courses:

- [Sport Research and Practice Part A](#)
- [Sport Research and Practice Part B](#)

La Trobe University (Melbourne, Australia)

The Health Sciences program at [La Trobe University](#) offers courses from the fields of Human Physiology and Anatomy, Public Health, and Rehabilitation Counselling. Through coursework in Health Sciences, students should develop an understanding of health and disability and how best to improve health at the micro and macro levels. [Cricos Code: 00115M]

Health Science Fields:

- [Global Health](#)
- [Health Administration](#)
- [Health Science](#)
- [Nutrition and Food Science](#)
- [Physiology](#)
- [Public Health](#)

University of Sydney (Sydney, Australia)

The [University of Sydney](#) is one of Australia's largest educators of health professionals and is committed to improving the quality of life of individuals of all backgrounds. The College of Health Sciences offers a range of purpose-built laboratories, on-site health clinics and high-end equipment to support students' training and research. [Cricos Code: 00026A]

Health Science Fields:

- [Exercise Biology](#)
- [Health Science](#)
- [Human Biology](#)
- [Nutrition and Food Science](#)

AUT University (Auckland, New Zealand)

The Health Sciences Department at [AUT University](#) focuses on an inter-professional model of health care – preparing future health professional to work consultatively across different disciplines such as physiotherapy, nursing, podiatry, and occupational therapy. AUT has its own on-campus clinics for students and the general population for health care, physical therapy and sports performance research.

Health Science Fields:

- [Health Sciences](#)
- [Sport Science](#)

University of Otago (Dunedin, New Zealand)

As the oldest university in New Zealand, the [University of Otago](#) is a research-intensive university with a strong reputation in Medical Science. ISA students can enroll in Health Science courses in a variety of fields. Courses are taught by skilled professors who conduct research in their respective fields.

Health Science Fields:

- [Biomedical Sciences](#)
- [Health Science](#)
- [Human Biology](#)
- [Neuroscience](#)
- [Nutrition and Food Science](#)
- [Pharmacy](#)

Other Regional Options:

- [Queensland University of Technology](#) – Brisbane, Australia
- [University of Queensland](#) – Brisbane, Australia
- [Griffith University](#) – Gold Coast, Australia
- [University of Melbourne](#) – Melbourne, Australia
- [University of Newcastle](#) – Newcastle, Australia
- [Macquarie University](#) – Sydney, Australia
- [University of New South Wales](#) – Sydney, Australia
- [University of Technology Sydney](#) – Sydney, Australia
- [James Cook University](#) – Townsville, Australia
- [University of Auckland](#) – Auckland, New Zealand
- [University of Canterbury](#) – Christchurch, New Zealand
- [Massey University](#) – Wellington, New Zealand
- [Victoria University of Wellington](#) – Wellington, New Zealand