



### 1. Townsville

**James Cook University**  
Cricos #: 00117J

#### SEMESTER/YEAR ABROAD

##### Spring (Feb-June)

Apply by Nov 15 of Previous Year

##### Fall (Jul- Nov)

Apply by April 15

Recognizing the importance of climate and culture within the field of sport and exercise science, James Cook University utilizes Queensland's tropical climate and rich, cultural heritage as a foundation for sport and exercise science courses. JCU's world-class technical, training and testing facilities provide practical professional and community engagement opportunities. Campus is located just 8 miles from the young and energetic downtown precinct of Townsville.

### 2. Sydney

**University of Sydney**  
Cricos #: 00026A

#### SEMESTER/YEAR ABROAD

##### Spring (Feb-June)

Apply by Nov 15 of Previous Year

##### Fall (Jul- Nov)

Apply by April 15

Located in central Sydney, the University of Sydney is consistently ranked in the leading universities worldwide, and is known for progressive teaching and an active outlook on the world as whole. The Exercise and Sport Science program at Sydney prepares students for careers by teaching how to integrate exercise and physical activity with health, sports performance and disease prevention within a country that possesses an outstanding reputation in the field.

### 3. Melbourne

**La Trobe University**  
Cricos #: 00115M

#### SEMESTER/YEAR ABROAD

##### Spring (Feb-June)

Apply by Nov 15 of Previous Year

##### Fall (Jul- Nov)

Apply by April 15

Situated just 11 miles north of Melbourne's city center, La Trobe University is a world ranking leader for its research in Health and Sports Science. Featuring abundant course offerings in everything from Anatomy and Physiology to Public Health and Human Movement, La Trobe University will aid students in developing an understanding of health and movement, and prepare them for future of working with clients of government departments and community health centers, along with soldiers and elite athletes.

### ISA Internships

#### ISA Australia Internships:

ISA offers full-time, unpaid internship opportunities for exercise & health science students in Australia and New Zealand. With four pre-set intakes each year as well as custom dates, our 8-week full time internship placements are customized to fit each student's professional goals. Beyond the high-quality placement, ISA also delivers a multi-day Bridging Cultures Program and a renowned Professional Development Toolbox to truly enhance the learning experience. Housing is included in the program fees. Additionally, academic credit from Carroll College is available for all pre-set date programs.

### Travel Program

**Australian Sporting Industry**  
Cricos #: 00212K

#### SEMESTER/YEAR ABROAD

##### Summer (June)

Apply by March 15

The Australian Sporting Industry program offers students a unique opportunity to explore a range of aspects of Australia's sporting industry, including kinesiology, coaching, training, management, motivation and media. Students will gain coaching advice, increase their marketing skills by marketing sports the Australian way, along with gaining an insight on nutrition, sports research, psychology, and human movement and fitness. This program provides students with the opportunity to observe and participate in activities that combine both theoretical and practical knowledge of Australian sport while visiting Australian hot spots such as Melbourne, Canberra, Sydney, the Blue Mountains, and Cairns.

### Programs to Consider

#### Semester/Year in Australia

- **University of New South Wales**  
Sydney, Australia
- **University of Technology Sydney**  
Sydney, Australia
- **Murdoch University**  
Perth, Australia
- **Queensland University of Technology**  
Brisbane, Australia

Further information regarding these programs, as well as additional programming options, can be found on [studiesabroad.com](http://studiesabroad.com)



## 1. Christchurch

### University of Canterbury

#### SEMESTER/YEAR ABROAD + PART TIME INTERNSHIP OPTION

##### Spring (Feb-June)

Apply by Nov 1 of previous year

##### Fall (July-Nov)

Apply by Apr 1

The Sport Coaching and Health Science departments at the University of Canterbury offer a wide range of subjects to students studying exercise and health sciences, including health promotion, anatomy and physiology, and sport psychology. Students can get a unique perspective on health among indigenous populations in the course Nga Take, Te Wero – Maori Health Issues and Opportunities, or learn about the significance of sport as a facet of culture and identity in Sport and Culture in New Zealand. Students studying exercise and health sciences have the option of participating in an internship for credit alongside their regular academic courses.

## 2. Auckland

### AUT University

#### SEMESTER/YEAR ABROAD

##### Spring (Feb-June)

Apply by Nov 1 of previous year

##### Fall (July-Nov)

Apply by Apr 1

AUT University is New Zealand's second largest and fastest-growing university, and located in the heart of the dynamic, multicultural and exciting city of Auckland. The Sport and Recreation School at AUT is a leader in sport and exercise science education. Courses are developed through extensive research and with New Zealand's top sport and exercise industry partners, and recognize the revolution in sport, health and fitness.

## ISA Internships

### ISA New Zealand Internships:

ISA offers full-time, unpaid internship opportunities for exercise & health science students in Australia and New Zealand. With four pre-set intakes each year as well as custom dates, our 8-week full time internship placements are customized to fit each student's professional goals. Beyond the high-quality placement, ISA also delivers a multi-day Bridging Cultures Program and a renowned Professional Development Toolbox to truly enhance the learning experience. Housing is included in the program fees. Additionally, academic credit from Carroll College is available for all pre-set date programs.

## ISA Service Learning

### ISA Service-Learning, Wellington:

ISA Service-Learning merges the concept of civic responsibility and community-based learning by connecting students and recent graduates with service opportunities abroad. By partnering students with community-based organizations and following a structured, reflection-based curriculum, participants develop intercultural and leadership skills in a real-world context while learning how local experts are addressing issues with the available resources.

## Programs to Consider

### Semester/Year in New Zealand

- **University of Auckland**  
Auckland, New Zealand
- **Massey University**  
Palmerston North, New Zealand
- **University of Otago**  
Dunedin, New Zealand
- **Massey University, Wellington**  
Wellington, New Zealand

Further information regarding these programs, as well as additional programming options, can be found on [studiesabroad.com](http://studiesabroad.com)